

## EMPLOYER NEWS

August 23, 2022

### Feeling good changes everything!

Health education and wellness support from a team of registered dietitians, registered nurses, and licensed counselors are included in your employees' health plan. Find out what programs and services are available to them and how they can connect with our Health Education and Wellness team by phone or online.

### Learning Series: Health Education and Wellness Wednesday, September 14 at 10 a.m.

#### How to join the discussion:

- [Click here to join the meeting](#) on your computer or mobile app.
  - Meeting ID: 296 442 575 956  
Passcode: LNb2SZ
- Join with a video conferencing device at [425899727@t.plcm.vc](mailto:425899727@t.plcm.vc)
  - Video Conference ID: 111 459 269 57
- Or call in (audio only) [+1 952-222-7450](tel:+19522227450), [216895975#](tel:+16895975)
  - Phone Conference ID: 216 895 975#

If you have any questions, please contact your assigned sales representative.

Sincerely,  
The Health Plan of Nevada and Sierra Health and Life Team



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