

2010 Step Therapy Criteria
Effective January 1, 2010

| Step Therapy Group Description | Step Therapy Criteria |
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| Advair Step | Requires member has filled at least a 60-day supply of a step 1 drug (i.e. long-acting beta agonist, Spiriva or inhaled corticosteroid) in the last 120 days before Advair will be covered |
| Alcohol Withdrawal ST | Requires member must have a documented 60-day trial of either Antabuse or naltrexone before Campral will be covered |
| Allergy Step | Requires patient has tried and failed at least a 30 day trial on step 1 drug (i.e. fexofenadine, fluticasone nasal, Astelin or Astepro) within the last 120 days before Clarinet, Clarinet D, Patanase or Singulair will be covered |
| Antidepressant Step | Requires patient have a prescription history demonstrating at least a six week trial each of at least two preferred step 1 drugs (i.e. citalopram, fluoxetine, bupropion, sertraline, paroxetine, fluvoxamine or venlafaxine) before non-preferred agent will be covered |
| Antipsychotic Step | Requires patient has a prescription history demonstrating trial of risperdal and Seroquel before step 2 drugs are covered |
| Banzel Step | Requires member must have filled a 30-day supply of lamotrigine, valproate, topiramate or Felbatol in the last 90-days |
| Brand Abx Step | Requires member has filled a prescription for at least 2 preferred generic antibiotics in the last 30-days |
| Brand Muscle Relaxant Step | Requires member has filled at least two prescriptions for step one drugs (i.e. generic equivalents) in the last 180 days |
| Branded Pain Combo Step | Requires patient has filled a prescription for generic hydrocodone/APAP or hydrocodone/IBU in the last 120-days |
| CAP Step | Requires member has filled a prescription for a macrolide in the last 30-days |
| Celebrex Step | Requires member has filled a prescription for at least two non-COX 2 selective NSAIDs in the last 120-days |
| Glitazone Step | Requires member has filled a prescription for a sulfonylurea, metformin (or combo agent), Actos, ActoPlus Met, or Duetact within the last 120-days |
| Long-Acting Pain Step | Requires member has filled a prescription for morphine sulfate sustained-release or Opana ER in the last 120-days |

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| Megace ES Step | Requires member has filled a prescription for a protease-inhibitor, NRTI or NNRTI in the last 180-days |
| PPI Step | Requires member has filled a prescription for preferred PPI agent(s) in the last 150-days |
| Sedative/Hypnotic Step | Requires member has filled a prescription for zolpidem before Lunesta or Rozerem will be covered |
| Stimulants Step | Requires member has filled a prescription for a long-acting stimulant and a short-acting stimulant within the last 120-days |
| Symbicort Step | Requires member has filled at least a 60-day supply of a step 1 drug (i.e. long-acting beta agonist, Spiriva or inhaled corticosteroid) in the last 120 days before Symbicort will be covered |
| Symlin Step | Requires member has filled a prescription for a mealtime insulin in the last 120-days, and continues to file meal-time insulin while on Symlin |
| Taclonex Step | Member has filled a prescription for Vectical ointment in the previous 120-days |
| Uloric | Requires member has filled 2 consecutive months of allopurinol at maximum dose of 600mg per day |
| Wilson's Step | Requires member has filled a prescription for penicillamine in the last 120-days |