



HEALTH PLAN OF NEVADA
A UnitedHealthcare Company

11.17 PODIATRY REFERRAL GUIDELINES
Contracted Group: Southwest Medical

For Appointments:

4750 W Oakey, Suite 1A
Las Vegas, NV, 89102

Department Phone 702-877-8625 or 725-600-8640
Appointments 702-877-5199
Referral Issues 702-877-5240 or 702-877-8116

Doctor to Doctor Line for Expedited Referrals 702-877-8623

- All referrals submitted to the Podiatry Department will be reviewed to determine priority and completeness. Referrals that do not include a specific diagnosis indicating the reason for intervention by a Podiatrist will be returned.
- All referrals must encompass areas below the Knee.
- Expedited referrals require a doctor-to-doctor call if anything other than a fracture, acute trauma or dislocation.
- Patients of any age will be seen in Podiatry.

Fracture

Any referral for a fracture requires an accompanying x-ray. If the written x-ray report clearly identifies a fracture, the patient will be scheduled as an “At Risk or Expedited appointment based on podiatrist review.

Ingrown Toenail

Please indicate if the toe is infected and if patient is diabetic.

Trauma

If trauma to the foot or ankle has broken the skin or caused a recent sprain of the ankle, this should be indicated within the referral. If the trauma involves a recent sprain but the location of the sprain is not specified, the referral will be sent back to referring provider for additional details. Toe sprains are almost always considered routine referrals.

Ulceration/Infection

The Podiatrists will review all referrals for ulceration and infection to make a determination on priority

The following diagnoses are usually processed according to the priority level indicated here.

Expedited

Current ankle or foot fracture
Ankle Sprain
Cellulitis
Charcot
Osteomyelitis

At Risk

Avulsed Nail
Blisters
Foreign body
Ingrown Toenail with infection and on antibiotics
Sprain of mid foot or metatarsal

Routine

Achilles Tendonitis
Arthritis 2nd to Previous Fracture
Bone Spur
Bunion
Calcaneal Apophysitis
Calluses/corns
Cysts
Dermatophytosis
Flat foot
Genu Valgum
Gout
Hallux Vallgus
Hammertoe
Heel Spur
Neuroma
Onychomycosis
Pain in limb
Diabetic Peripheral Neuropathy
Pes Planus
Plantar Fasciitis
Plantar Warts
Rash
Tinea Pedis
Toe Sprain