

EMPLOYER NEWS

May 7, 2024

One Pass Select is now available to all Health Plan of Nevada and Sierra Health and Life group members¹

What is One Pass Select?

One Pass Select is a subscription-based fitness and well-being program that supports a healthier lifestyle. Studies show healthier employees are typically more productive.²

What does One Pass Select include?

- Lower cost gym options with no long-term contracts or annual gym registration fees.
- Flexible fitness choices and multi-location access through a network³ of 19,000+ nationwide gyms and boutique studios, including digital fitness options.
- A simple digital experience with easy access through the online member center.
 - Small Group (2-99) and Association Health Plan (AHP) members have no cost for the digital-only tier.
 - Key Account (100+) members have a \$10/month cost for the digital-only tier.

Learn more about One Pass Select

- [2-99 and AHP](#)
- [100+ Key Account](#)
- Or contact your HPN/SHL sales representative

¹One Pass Select is available to fully insured Small Groups (2-99), Association Health Plan (AHP) and Key Account members (100+) and their eligible family members (18+ ages).

²Increase Productivity. Centers for Disease Control and Prevention (CDC). cdc.gov/workplacehealthpromotion/model/control-costs/benefits/productivity.html. Accessed February 2023.

³Network partners and number of fitness locations in each tier subject to change.

One Pass Select is a voluntary program featuring a subscription based nationwide gym network. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships under this program. This is a non-FEHB benefit and is not disputable through the OPM disputed claims process. This service should not be used for emergency or urgent care needs. **In an emergency, call 911 or go to the nearest emergency room.** The information provided through this service is for informational purposes only. Please discuss with your doctor how the information provided may be right for you. Your health information is kept confidential in accordance with the law. The service is not an insurance program and may be discontinued at any time.