

Pressure patrol: red light?

Health Plan of Nevada and Sierra Health and Life encourage all clinics to support patients in achieving controlled blood pressure. It is recommended to recheck any blood pressure reading greater than 139/89 mmHg before the patient leaves. If the blood pressure remains elevated, schedule a follow-up visit within a few weeks.

Recheck routine



Pressure patrol:

Red light? Recheck routine

- 1 Take the patient's blood pressure when they are first roomed.
- 2 If the reading is high, recheck the blood pressure before the patient leaves. Many patients experience lower readings once initial visit-related anxiety decreases.
- 3 Use a reminder system that works within your office workflow (flags, alerts, messages, etc.).
- 4 Record all blood pressure readings in the EHR and submit quality data using either a data feed or CPT II codes.
- 5 Document blood pressure reading and notify provider. Update the patient's care plan to include additional or alternative strategies for blood pressure control.

High
Greater than 130
OR
Greater than 80



Elevated
120-129 **AND**
Less than
80



Normal
Less than 120
AND
Less than 80

