

# Statin Therapy for Patients With Diabetes (SPD-E)

## New for 2026

### Updated

- SPD will now only be referred to as SPD-E and will be an electronic measure only
- Updated the required exclusions section to exclude persons with an ASCVD diagnosis

### Removed

- Removed required exclusion for persons enrolled in an I-SNP or LTI

## Definition

Percentage of members ages 40–75 during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria:

- Received statin therapy: Members who were dispensed at least 1 statin medication of any intensity during the measurement year
- Statin adherence 80%: Members who remained on a statin medication of any intensity for at least 80% of the treatment period

### Important note:

The **treatment period** is defined as the earliest prescription dispensing date in the measurement year for any statin medication at any intensity through the last day of the measurement year.

Plans(s) affected	Quality program(s) affected	Collection and reporting method
<ul style="list-style-type: none"> <li>• Commercial</li> <li>• Medicaid</li> <li>• Medicare</li> </ul>	<ul style="list-style-type: none"> <li>• NCQA Accreditation</li> <li>• NCQA Health Plan Ratings</li> </ul>	<ul style="list-style-type: none"> <li>• Electronic Clinical Data Systems (ECDS) reporting</li> </ul>

\*Please refer to **SUPD** for the Part D measure.

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# Statin Therapy for Patients With Diabetes (SPD-E) (cont.)

## Medications

To comply with this measure, one of the following medications must have been dispensed:

Drug category	Medications
<b>High-intensity statin therapy</b>	<ul style="list-style-type: none"> <li>• Amlodipine-atorvastatin 40-80 mg*</li> <li>• Atorvastatin 40-80 mg</li> <li>• Ezetimibe-simvastatin 80 mg**</li> <li>• Rosuvastatin 20-40 mg</li> <li>• Simvastatin 80 mg</li> </ul>
<b>Moderate-intensity statin therapy</b>	<ul style="list-style-type: none"> <li>• Amlodipine-atorvastatin 10-20 mg*</li> <li>• Atorvastatin 10-20 mg</li> <li>• Ezetimibe-simvastatin 20-40 mg**</li> <li>• Fluvastatin 40-80 mg</li> <li>• Lovastatin 40-60 mg</li> <li>• Pitavastatin 1-4 mg</li> <li>• Pravastatin 40-80 mg</li> <li>• Rosuvastatin 5-10 mg</li> <li>• Simvastatin 20-40 mg</li> </ul>
<b>Low-intensity statin therapy</b>	<ul style="list-style-type: none"> <li>• Ezetimibe-simvastatin 10 mg**</li> <li>• Fluvastatin 20 mg</li> <li>• Lovastatin 10-20 mg</li> <li>• Pravastatin 10-20 mg</li> <li>• Simvastatin 5-10 mg</li> </ul>

\*The 10-80 mg is referring to atorvastatin strength.

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# Statin Therapy for Patients With Diabetes (SPD-E) (cont.)

## Required exclusion(s)

Exclusion	Time frame
<ul style="list-style-type: none"> <li>Members in hospice or using hospice services</li> <li>Members who died</li> <li>Members receiving palliative care</li> <li>Myalgia, myositis, myopathy or rhabdomyolysis diagnosis</li> </ul>	<p>Any time during the measurement year</p>
<p>Members 66 years of age and older as of Dec. 31 of the measurement year with frailty and advanced illness. Members must meet both frailty and advanced illness criteria to qualify as an exclusion:</p> <ul style="list-style-type: none"> <li>Frailty: At least 2 diagnoses of frailty on different dates of service during the measurement year. Do not include claims where the frailty diagnosis was from an independent lab (POS 81).</li> <li>Advanced Illness: Indicated by 1 of the following:                             <ul style="list-style-type: none"> <li>At least 2 diagnoses of advanced illness on different dates of service during the measurement year or year prior. Do not include claims where the advanced illness diagnosis was from an independent lab (POS 81).</li> <li>Dispensed dementia medication Donepezil, Donepezil-Memantine, Galantamine, Rivastigmine or Memantine</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Frailty diagnoses must be in the measurement year and on different dates of service</li> <li>Advanced illness diagnosis must be in the measurement year or year prior to the measurement year</li> </ul>

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# Statin Therapy for Patients With Diabetes (SPD-E) (cont.)

Exclusion	Time frame
<ul style="list-style-type: none"> <li>• Cirrhosis: K70.30, K70.31, K71.7, K74.3, K74.4, K74.5, K74.60, K74.69, P78.81</li> <li>• Dispensed at least 1 prescription for clomiphene</li> <li>• End Stage Renal Disease (ESRD): N18.5, N18.6, Z99.2</li> <li>• Dialysis</li> <li>• Members with a diagnosis of pregnancy</li> <li>• In vitro fertilization</li> </ul>	<p>Any time during the measurement year or the year prior to the measurement year</p>
<ul style="list-style-type: none"> <li>• Coronary artery bypass grafting (CABG)</li> <li>• Myocardial infarction</li> <li>• Other revascularization procedure</li> <li>• Percutaneous coronary intervention (PCI)</li> </ul>	<p>Any time during the year prior to the measurement year</p>
<p>Members who had at least 2 diagnoses of ASCVD (Atherosclerotic Cardiovascular Disease) on different dates of service</p>	<p>Any time during the measurement year or the year prior to the measurement year</p>
<p>Myalgia or rhabdomyolysis caused by a statin</p>	<p>Any time during the member's history through Dec. 31 of the measurement year</p>

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# Statin Therapy for Patients With Diabetes (SPD-E) (cont.)

## Tips and best practices to help close this care opportunity:

- Consider prescribing a high- or moderate-intensity statin, as appropriate. If you determine medication is appropriate, please send a prescription to the member's preferred pharmacy.\*
- To address the SPD care opportunity, a member must use their insurance card to fill 1 of the statins or statin combinations in the strengths/doses listed in the "Medications" table on the previous page by the end of the measurement year

\*Member may use any pharmacy in the network, but may not receive preferred retail pharmacy pricing. Pharmacies in the Preferred Retail Pharmacy Network may not be available in all areas. Co-pays apply after deductible.

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