Health Plan of Nevada (HPN) and Sierra Health and Life (SHL) Clinical Guideline Update

Health Plan of Nevada and Sierra Health and Life recently reviewed and re-issued the below clinical guidelines:

- Acute Myocardial Infarction with ST Elevation
- Acute Myocardial Infarction without ST Elevation
- Asthma
- Cardiovascular Disease Secondary Prevention and Risk Reduction
- Cholesterol Management
- Chronic Obstructive Lung Disease
- Diabetes
- Dietary Guidelines
- Heart Failure
- Hemophilia and von Willebrand Disease
- Hospital Readmissions
- Human Immunodeficiency Virus (HIV)
- Hyperbilirubinemia in Newborns
- Lifestyle Management to Reduce Cardiovascular Risk
- Obesity
- Physical Activity
- Preventive Services
- Sepsis
- Sickle Cell Disease
- Spinal Stenosis
- Stable Ischemic Heart Disease
- Substance Use Disorders
To access the new guidelines, go to the Plan web sites at: www.healthplanofnevada.com or www.sierrahealthandlife.com. From the “I'm a,” drop down menu at the top of the page, select “A doctor/provider.” From the “I need help with,” menu, select “Clinical Guidelines,” Then select the guideline you wish to review. Guidelines are the same for Health Plan of Nevada and Sierra Health and Life.

If you do not have access to the Internet, you may request a hard copy of these, or any of the HPN and SHL clinical guidelines, by calling the Quality Improvement Department at 702-243-8486.

Thank you